



The Trumpet

Summerville Presbyterian Church

Your Church for All Seasons

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SPC: 90th Year Anniversary Anniversary Celebration

90 years ago, on July 24, 1921 what had begun as a Sunday school for summer residents was incorporated as Summerville Presbyterian Church. Join us after the service on Sunday, September 25 to celebrate this event with cake, beverages, and history. There will be a presentation with pictures by SPC historian Jane Kleehammer and we'll honor our longtime members and organizations who have shared our history and mission. Come share your memories and enjoy those of others in Fellowship Hall.

Sunday Worship

Aug 28. and Sept. 4 9:15

Sept. 11 to Jun. 10 9:55

The Mission Giving Focus for August:

Socks for the Homeless

Seeking donations of NEW SOCKS, preferably white crew socks for men or women. Why NEW Socks?

Access to shoes and socks is often limited for the homeless men and women living in shelters and on the streets. Common infections such as athlete's foot thrive when damp socks are worn for days or weeks at a time. Frostbite is common in colder months, sometimes resulting in toe amputations. The best way to prevent such conditions is to keep feet clean and dry, very difficult if you spend your days outside.

With this in mind, Summerville would like to collect and donate 100 pairs of NEW socks during the month of August. Please help by placing your donation in the specially marked "SOX BOX" in the foyer.

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- Sing for Health



Summerville Presbyterian Church



From the Pastor's Pen:

This is indeed an unusual time in the life of SPC – we walk in uncharted waters – moving forward to a future that may not as yet be made clear to any of us. The Presbytery of Genesee Valley has established a Healing Team, which for some is not moving fast enough, and for others, God's revelation seems to be moving at a very steady pace. But we all journey together towards what God will reveal in God's time. Patience and perseverance are two words that have many Biblical connections. Jacob wrestles all night waiting for a blessing from his divine opponent; Job attempts to understand the transformations happening to his body, family and friends – are only two which spring to mind. And yet patience and perseverance are not easily understood by any of us, let alone put into practice. So, in my daily prayer and scripture disciplines, I have been exploring the words of a favorite friend and mentor, Walter Grueggemann.

Prayers for a Privileged People, in one section, offers prayers of hope. He begins the chapter with this, entitled *Choirs of Hope*: “We are a privileged people, praying at the edge of life as an act of candor. We hope for new life that comes as a gift. We dream of possibility and newness – new places, new selves, and new community. In our better moments, we aim to follow God's lead toward justice, resurrection, and transformation. We strive to increase those moments as we live, love, share the Easter joy and become bearers of hope.” (page 143).

As we begin a new program year – perhaps these two prayers will give us an opportunity to hear and see and feel God's light and love pouring out upon – becoming for us the light upon our path as God's people search for hope – in the present and future.

“We make a pause
amid many voices
 some innocent and some seductive,
 some violent and some coercive,
 some forgiven and genuine,
 some not.

And this cacophony that pulls us
 in so many directions,
we have these old voices of your prophets;
these voices attest to
 your fierce self,
 your severe summons,
 your generous promise,
 your abiding presence.

Give us good ears,
 perchance you have a word for us tonight/today;
Give us grace and courage to listen,
 to answer,
 to care,
 and to rejoice,
 that we may be more fully your people.” (page 155)

Or this prayer: "You," beyond our "Weary Selves"

"You God, Lord and Sovereign,
you God, lover and partner.

You are God of all our possibilities

You preside over all our comings and goings,
all our wealth and all our poverty,
all our sickness and all our health,
all our despair and all our hope,
all our living and all our dying.
And we are grateful.

You are God of all our impossibilities.

You have presided over the emancipations
and healings of our mothers and fathers;
you have presided over the wondrous transformations
in our own lives.

You have and will preside over those parts of our lives that we imagine to
be closed.

And we are grateful.

So – be your true self, enacting these things impossible for us,
that we might yet be whole among the blind who
see and the dead who are raised;
that we may yet witness your will for peace,
your vetoing all our killing fields.

At the outset of this day,
we place our lives in your strong hands.

Before the end of this day,
do newness among us in the very places where
we are tired in fear,
we are exhausted in guilt,
we are spent in anxiety.

Make all things new, we pray in the newmaking name of
Jesus." (pages 173-174).

May God indeed make us and all things among our faith community new in the name of Jesus.

Dottie

The RAIHN Cookbook Is In!

The RAIHN cookbook contains many delicious recipes from members of several member churches.

Cookbooks are for sale in the church office or you can call Stella Megargle (342-0251) to arrange delivery. The cost is \$15.00 of which \$10.00 is tax-deductible (You will be given a receipt.). Also, **save the date ...** a launch party will be on Sunday, September 18 at Asbury Methodist Church where you may purchase cookbooks and sample many of the recipes in the book. Yummmmmmm!

You Might Be A Poet and Never Know It!

Haiku Contest

What is Haiku? Haiku is a form of Japanese verse having three unrhymed lines of five, seven, and five syllables respectively, often involving allusions and references to nature or seasons.

You are invited to submit your original haiku (both singular and plural) for the next Trumpet issue. Send your haiku to Lee Foster at bfoster1@rochester.rr.com.

Some examples:

Father

My father knew much (*5 syllables*)
more than I had idea. (*7 syllables*)
He taught me wonder. (*5 syllables*)

Play

Zip line, let go, splash
into the cool lake water.
Again I'm a kid.

Whitecaps on the bay:
A broken signboard banging
in the April wind.

Richard Wright, novelist

First autumn morning:
the mirror I stare into
shows my father's face.

Murakami, Kijo. (1865-1938).



You may be published in the next Trumpet issue. Once you get started, it becomes much easier. Use your muse. Who knows? We may have many a poet at SPC.

Prize: a \$10 gift certificate to spend at the next Summerville garage sale, coming your way in October.

Recently Viewed Church Signs—Midwest

From Macomb, IL, First Methodist:

“Live in the Son and you won’t get burned.”

From Burlington, IA, Church of the Nazarene:

“Don’t Be So Open Minded; Your Brains Will Fall Out.”

You can’t make up this stuff!

Garage Sale

Sunday, Oct. 2 dress down Sunday, setup immediately following the worship service .

Sale Hours

Thursday, Oct. 13, 2:00-7:00 pm

Friday, Oct. 14 - 10 am - 3 pm

Saturday, Oct. 15 - 10 am - 1 pm

Set up and Take In:

Items can be brought to the church any time – call the church office for arrangements.

Work for set up of the sale:

Over a 2 week period starting Monday, Oct. 3rd through Wednesday the 12th.



Birth

Emma Mae Pulver

born 7/25/11, 7 lb. 11oz.
Granddaughter of Russell and
Royetta Pulver, Daughter of
Jeffrey and Susanne Pulver

Deaths

Martha Fay Cuomo

deceased 8/15/11
joined Summerville 9/28/58

Joe Murray, uncle of Stephan Hall
deceased 8/14/11

Donald Henry

deceased 8/10/11
joined Summerville 3/26/61

Eileen MacPherson

deceased 7/27/11
joined Summerville 3/22/70

Stella Tillotson, aunt of Lee Foster
-
deceased 8/11/11

Dorothy York

deceased 7/16/11
joined Summerville 12/2/56

Thank You

On the very hot, muggy, dog-days of July, our ecumenical choir member and volunteer, Cecelia (Ceil) Manuli nourished and polished all the wood in the sanctuary, including the pulpit, communion table, baptismal font, the privacy screen, the organ console, and the Steinway piano, Next time you are in church, take a good look at the depth of the grain in the deep polish. Thank you, Ceil!

New Addresses

Marjorie Barron (Florida)
250 Bal Harbor Blvd.
STE 138
Punta Gorda, FL 33950
Parish 0 – out of town

Mrs. (Alfred E.) Jean Czerkas
1226 Stockbridge Road
Webster, NY 14580
Parish 15

Abigail Carter

22445 Lake Road, # 309
Rocky River, OH 44116
Parish 0 – out of town

Lucille Hartwig

PO Box 103
Terra Ceia, FL 34250
Parish 0 – out of town

Anne M. Hoenig

189 W. College St., Apt. H
Oberlin, OH 44074
Parish 0 – out of town

Katherine D. McDonald

215 E. Chestnut Street
Apt. 1102
Chicago, IL 60611
Parish: 0 - Out of Town

Michael McNamara

1216 North Villere Street
New Orleans, LA70116
Parish 0 – out of town

Marian Pata

21 East 2nd Street,
Apt. 304
Dunkirk, NY 14048
Parish 0 – out of town

Mr. & Mrs. Russell T. Pulver
1553 Empire Blvd., Apt. 18
Webster, NY 14580
Parish 15

Mr. & Mrs. Joshua D. Verni
9131 Inwood Drive
Woburn, MA 01801
Parish 0 – out of town

Schedule

Sept. 1: Property 7 pm

Sept. 4: Worship 9:15 am

Sept. 5: Labor Day—
Office Closed

Sept. 7: 1st Senior Choir
Rehearse 7:30 pm

Sept. 11: Worship 9:55 am
Gathering for Children's Workshop

Sept. 12: Worship 7:15 pm

Sept. 14: Sr. Chr 7:30 pm

Sept. 18: Worship 9:55 am
Youth Group/Parent Lunch

Fellowship Hall 11:15 am

Sept. 21: Sr. Chr 7:30 pm

1st Bell Choir Rehearsal Fellowship
Hall 6:30 pm

Sept. 25: Worship 9:55 am

Jr. Chr.– Choir Room 11:15 am

Sept. 26: Session Meeting
Memorial Lounge 7:30 pm

Sept. 28: Bell Chr 6:30 pm
Sr. Chr 7:30 pm

Sept. 30: Youth Night 7:30-12:00



Montreat: Music & Worship

It was a dark and stormy night—at 2 pm in the afternoon—as I drove up I40 to Black Mountain and Montreat. As the thunderstorm came over the mountain, it blew an 18wheeler on its side, trees and portions of trees scooted across the highway. Such was my welcome to Montreat on June 18, 2011.

With chain saws and chippers as accompaniments throughout the week, I was fortunate to sing in the main choir and in the Chamber Choir where we sang Bernstein's *Chichester Psalms*, in Hebrew, no less, in just four days, among many other anthems. You haven't seen that many people practicing miscellaneous Hebrew phrases at one time unless you have been to the Wailing Wall in Jerusalem. And we were mostly Presbyterians! Considerable focus was on "world music," songs and hymns from around the globe. Each day featured a worship service while evenings featured an organ recital, a Talent Show, the Chamber Concert, and the Festival Concert with more than 700 voices singing and many more playing bells, brass, woodwinds, and percussion.

Thank you, Summerville, for the opportunity to be both refreshed and to learn so much from some of the best in the world of Presbyterian music.



Summerville Presbyterian Church— *Your Church for All Seasons:*

Have you ever wondered how Summerville Presbyterian Church and its motto would look in another language? On that basis, I offer the following translations of:

French: Summerville, église presbytérienne - *votre église pour toutes les saisons*

Spanish: Iglesia Presbiteriana de Summerville - *su iglesia para todas las estaciones*

Arabic: عيمل كل كب قصاخلا قس ينكلال-لي فري موس قى خيشملا قس ينكلال لوصفالا

Chinese: 薩默維爾長老教會-你適合所有季節的教會

Greek: Summerville Πρεσβυτερική εκκλησία - *σας εκκλησία παντός καιρού*

Hebrew: Summerville הגשה תנועה לכל בכלש הייסנכה - *הייסנכה ינאירטיבסרפ*

Thai: Summerville Presbyterian -

Russian: Саммервилл Пресвитерианская церковь - *ваша церковь на все сезоны*

Japanese: -

Gaelic: Summerville Eaglais Phreispitéireach - *Do Eaglais do Chách Seasons*

Yiddish: סנאפאעס עלא ראפ שטרושט יייד - *שטרושט נאירעטיבסערפ ליוורעמאס*

Italian: Summerville Presbyterian Church - *La tua Chiesa per tutte le stagioni*

Polish: Summerville Presbyterian Church - *Twój Kościół for All Seasons*

Welsh: Summerville Eglwys Bresbyteraidd - *Eich Eglwys i Bawb Seasons*

Korean: □□□ □□ □□ - □ □□□□□ □□

Norwegian: Summerville Presbyterian Church - *Din kirke for All Seasons*

Swahili: Summerville Presbyterian Church - *Kanisa lako kwa misimu yote*

And, in case you are stranded on a remote Philippine island where the natives speak Tagalog,

Tagalog: Summerville Presbiteryano Church - *iyong Iglesia para sa Lahat ng panahon*

How Singing Improves Your Health and *Why You Should Join the Choir*

from an article by www.SixWise.com

If you ever have the desire to break out into song in the shower, in the car, maybe at your neighbor's infamous karaoke night you should embrace it wholeheartedly. This ancient art not only feels good, it can enhance your wellbeing, reduce your feelings of pain and even prolong your life.

Using your voice to sing, rather than simply carry out a conversation, offers unique benefits. "When we sing instead of speak, we have intonation, melody line, and crescendo, which gives us a broader vocabulary to express ourselves," says Suzanne Hanser, chair of the music therapy department at Berklee College of Music. "Because singing is visceral (relating to, or affecting, our bodies), it can't help but effect change."

Singing Reduces Stress and Pain

Studies have linked singing with a lower heart rate, decreased blood pressure, and reduced stress, according to Patricia PrestonRoberts, a boardcertified music therapist in New York City. She uses song to help patients who suffer from a variety of psychological and physiological conditions.

"Some people who have been traumatized often want to leave the physical body, and using the voice helps ground them to their bodies," PrestonRoberts says. "Singing also seems to block a lot of the neural pathways that pain travels through."

Singing for Seniors

Singing, particularly in a chorus, seems to benefit the elderly particularly well. As part of a threeyear study examining how singing affects the health of those 55 and older, a Senior Singers Chorale was formed by the Levine School of Music in Washington, D.C.

The seniors involved in the chorale (as well as seniors involved in two separate arts groups involving writing and painting) showed significant health improvements compared to those in the control groups. Specifically, the arts groups reported an average of:

- 30 fewer doctor visits
- Fewer eyesight problems
- Less incidence of depression
- Less need for medication
- Fewer falls and other injuries

Singing Boosts the Immune System and WellBeing

Several studies have found that singing also enhances immunity and wellbeing. One, conducted at the University of Frankfurt in Germany, found that choral members had higher levels of immunoglobulin A and cortisol - markers of enhanced immunity - after they sang Mozart's "Requiem" than before. Just listening to the music did not have this effect .

In another study, members of a choir filled out questionnaires to report their physical and psychological reactions to singing. The choristers reported:

- Improved lung capacity
- High energy
- Relieved asthma
- Better posture
- Enhanced feelings of relaxation, mood and confidence



See YOU in choir

Wednesday Sept. 7, 7:30 pm

Lee Foster

Summerville Bells Rang in Pennsylvania

Barb James, Cindy Smith, and Barb Chamberlin, three members of the Scott Woods Memorial Bell Choir, traveled to Kutztown, Pennsylvania, in July for the 2011 Handbell Conference. We had the opportunity to fill in empty spaces in other bell choirs. There were 417 attendees who played five pieces of massed music together, concluding our Sunday concert with Rondo Jubilate, complete with brass accompaniment. The choirs were also subdivided into groups: *Tins*, *Coppers* and *Bronzes*. Each group played four pieces at their own level. The *Coppers'* pieces (which we played) ranged from the lyrical Blessing to a patriotic medley of George M. Cohan songs (played at lightning speed).



Area II of the American Guild of English Handbell Ringers (soon to be known as the Handbell Musicians of America) has a conference every two years. Ringers come from New York, Pennsylvania, New Jersey, and Ontario, Canada to practice, play, and attend classes. Some of the highlights are the concerts by various handbell groups, from solo ringers to groups that are almost professional, such as the featured ensemble this year, the *Agape Ringers* from Chicago. From beginners to experienced musicians, this conference offers opportunities for everyone to learn and grow. In addition, there was plenty of fun and fellowship. It's easy to meet and talk with people when you know you already have something in common.

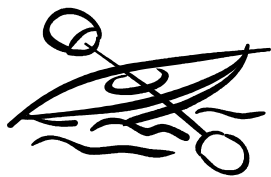
Cindy, Barb, and Barb are eager to share the new techniques and information they learned, and maybe a fun story or two about their trip back to college life, with the Summerville bell choir and the SPC congregation. We are looking forward to the next Handbell Conference in Oswego in 2013!



Youth Group News

Kayak/Camp trip:

June 28th – 29th



Our annual end-of-the-year event was a lot of fun! We had 8 youth participating—Kenny Conrow (from our past Confirmation class), Emma & Sarah Hayes, Margaret Mayer, Chris Smith, Lily Storey, Gavin Streb and his girlfriend, Rachel. A special thank you to Holly Hammond Streb, our parent chaperone, whose scouting experience (along with Gavin's and Kenny's) proved to be invaluable. Our thanks once again to Gary Weisensel who gathers kayaks and paddles, contacts the authorities at Camp Gorton, and hosts a picnic lunch prior to our return. Our theme on the trip was the importance of what is unseen and believing on faith.



Montreat Youth Conference:

July 9th -16th

-] SPC Participants: Jezzi Burns, Tyler Connor, Emma & Sarah Hayes, Chris Smith (Debbie Carter)
-] Third Participants: Annelise Bay, Rachel Hospers, Lauren Rye; adults: Jane Carden, Bruce Peachey

Our sincere thanks to Weldon Brinson (from Irondequoit Presbyterian Church and our “Together, We Can” mission trips) who was our chef and helped with driving. I cannot say enough about the effectiveness of these 5 days of worship, faith discussions, sermons, speakers and fellowship upon the deepening of faith for youth and adults. For the first time, we rented a house (2 log cabins), and it was cheaper and afforded a better opportunity for our group to relate.

The theme of the conference was “Searching for the Signal.” The focus was being open to God’s signals—“seeking what we should be so that we can shine...for You...our God” (lyrics from one of the songs we sang each day). We concluded our trip with new friendships, renewed spirits, plans for making time for God, new ideas for our Youth Group, and safe travels.

Parent & Youth Group Brunch

Sunday, Sept. 18th
11:30 a.m. -12:30 p.m.
Memorial Lounge

We are beginning our 10th year!
Parents and youth are invited to this Youth Group kick-off meeting to complete important forms, receive the Youth Group calendar, and have your questions answered. Our Youth Group is comprised of youth in 6th – 12th grades.

Upcoming Events

1. Youth Night: Friday, Sept. 30th (Harvest Festival prep. & game night)
2. Unload pumpkins: Sat., Oct. 8th at 3:00 p.m.
3. Harvest Festival: Oct. 9th – 30th
4. Serving at the Pizza Challenge: Sat., Oct. 22nd
5. Youth Night: Fri., Oct. 21st (Disabilities Sensitivity)
6. Presbytery’s Intergenerational Mission: Sat., Oct. 29th from 8:30 a.m. – 4:30 p.m.

Children and Youth Education Committee

Kick-Off Sunday for Preschool and Children's Workshop

Sunday, September 11th



Out of Egypt

Preschool: Parents may drop their preschoolers off in the lower level classroom between 9:45-9:55 a.m.

Children's Workshop: Children in kindergarten through Grade 7 leave worship after the *Words with Children*. Youth in Grades 8-12 serve as shepherds (teacher assistants).

Pew Pals

Pew Pals is a means for our adults to share their faith with our youth. Do you know the youth who have participated in the past can tell you who each of their Pew Pals have been? Be looking for more information in September!



Our Kick-Off Breakfast will be on October 16th prior to worship and ending at our Celebration Brunch after worship on November 20th.